



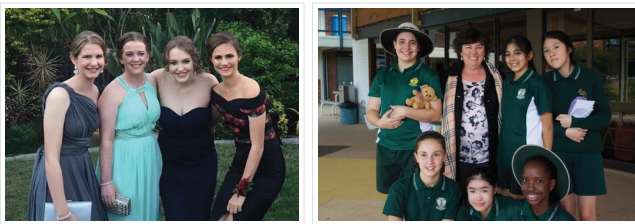
15 Chester Road  
Annerley QLD 4103  
Subscribe: <http://ourladysc.schoolzineplus.com/subscribe>

Email: [sannerley@bne.catholic.edu.au](mailto:sannerley@bne.catholic.edu.au)  
Phone: 07 3426 8000  
Fax: 07 3848 8059



15 July 2016

## Principal's Message



### A warm welcome back for Semester 2 to all students and families

#### *Father/Carer/Daughter Breakfast*

*Our Lady's College Leadership Team invites you to join us for our*

*Inaugural Father/Carer/Daughter Breakfast*

*to be held on*

*The Deck*

*Our Lady's College*

*Friday 2 September*

*7:00am – 8:30am*

*Special Guest Speaker*

*Mr Henry Palaszczuk*

*(father of Premier Anastacia Palaszczuk)*

*Cost - \$20 per head*

*RSVP by 26 August, 2016 - Payment via Flexischools*

*We look forward to seeing many of you there...*

Shalom

**Paula Goodwin**  
**Principal**

## Teaching and Learning

Over the last holidays, reports were provided electronically for students via the Parent Portal. Eventually, all schools will be adopting this method of presentation as it offers more functionality and speed than just paper in the post. It is essential

that relevant contact details are kept up to date with our office so that emergency messages, newsletters, notes and reports can be delivered effectively and that our communication channels are reliable.

At our next College Assembly, we celebrate the academic successes of many of our girls. The huge number of impressive results from last semester, both in effort and academic achievement, is testament to the good work that is happening in every class at Our Lady's College. I look forward to catching up with parents at the morning tea following this award ceremony. In the next Newsletter, we will publish the lists of Academic Certificate recipients.

In week three, we have the Parent / Teacher / Student interviews followed by the Year Eleven for 2017 Subject Information Evening, to be held on the 26th July at the College. Information is being provided through various avenues to Year Ten students as well as presentations by subject coordinators about what courses are available for next year. This information evening is a good opportunity for parents to find out more about the process of selections for Year 11, the "ins and outs" of OP versus RANK decisions, and some time will be available to view subject displays and ask questions.

Year 12 students have been given an overview of the Queensland Tertiary Admission Process and have been presented with their QTAC booklets. This will enable them to select preferences for further study in 2017. The next step in the process is for the girls to arrange an interview with the School Counsellor to discuss course entry requirements, the process for applications and the closing date for the lodgment of preferences. Many students are responding to this very positively and all students have been supplied their LUI numbers again. This information is easily available to students via the Student Services Counter in the College Office. Students who need this information should see Mrs Dinnen or Mrs Sharp at the office during either recess or lunch times. As parents, your encouragement and advice is of great importance to your daughter and we thank you for your assistance in enabling them to make the best possible choices for their future.

QTAC choices, for all students across the state, are specifically designed to cater for student choices ranging from “pie in the sky” aspirations through to the “what if the worst happens” scenario. Planning for these events ensures that all bases are covered.

Parent /Teacher/Student Interviews will be held in C Block. This is an important opportunity for parents to find out just how their daughter is travelling in the various courses undertaken this year. Again, bookings are via the links provided in the College Parent Portal. Please contact the office for assistance in accessing these bookings. Unfortunately, booking cannot be made on behalf of parents as teachers do not have access to the same facilities as parents in this system.

**Anthony Stevens**  
**Deputy Principal (Acting)**

## Community Matters

Welcome to Term 3. I hope the holidays were a restful and rejuvenating experience that have left students and parents ready for the challenges that Semester 2 will bring. Term 2 ended on a lovely note with the Year 12 Formal. Thank you to Phil Parkinson and the Year 12 Pastoral team for all the preparation that enabled such a wonderful evening. The students looked stunning and the evening was enjoyable for both students and staff.

It is timely to remind students of their obligations under the “Students Driving to and from School Policy” this week. All girls who either drive a vehicle or who are passengers in a vehicle driven to school by a student must obtain permission to do so from the Principal and must provide a written permission note from a parent or guardian. They must also record details of the permission, vehicle owner, make and model of the vehicle on a register kept in the front office. Thank you for your co-operation in this matter.

Just a reminder that whilst staff are vigilant in observing student safety and behaviour in and around the College at all times, there is no official supervision of students before and after school in the College grounds. However, the College library is open for students at 7.30 am and until 4.00pm in the afternoons.

Enjoy the fortnight ahead.

**Dona Archer**  
**Assistant Principal**  
**Student Wellbeing (Acting)**

## In the Tradition

### Year 11 Reflection Day

Year 11 students will have their annual Reflection Day on Thursday 4th August. The day will be facilitated by Michael Fitzpatrick and student will explore the call to leadership in a Christian context. Servant leadership focuses on service to others not on personal rewards or power. During the day the girls will have the opportunities to share ideas, affirm others and reflect on their understanding of leadership.

### Year 12 Retreat

At the end of this term Year 12 students will have their three day retreat at North Tamborine. This is an opportunity to explore key themes of self actualisation, forgiveness and unity. This is a compulsory part of the College curriculum and all students are expected to attend. The retreat aims to set up the final term of school life and life beyond school with a positive approach. Students will receive further information and detailed forms within the next few weeks. Costs are based on all students attending and will be included in the school fees for this term.

### Catholic Education Week

Catholic Education Week celebrated at the end of July, is an opportunity for all Catholic schools to celebrate and promote their distinctive mission and ethos. Catholic education strives to make a difference in the lives of those in our schools and in the wider community by challenging young people to live out the message of Jesus and to reach their full potential as compassionate, contributing, life-giving members of society. Our Lady’s College provides Catholic Education within a Josephite ethos using the example of St Mary of the Cross MacKillop as a woman who answered the call to serve. Students will celebrate this event with a special prayer service.

In God’s love,

**Linda Brandenburg**  
**Assistant Principal**  
**Religious Education**



## Campus Minister

### 2016 RUNNING JUMP SOCIAL JUSTICE CONFERENCE

To honour 150 years of the Josephite tradition the sisters have decided to hold a conference to explore our call to serve those on the margins – a call the Josephites take very seriously. Please spread the details of this conference with any you think may be interested.

<http://www.sosj.org.au/spirituality/index.cfm?loadref=593>

### PRAYERS PLEASE...

Please keep the family of Lilla Beckman (8 Kelly) in your thoughts and prayers. Lilla’s mother, Anna Migotto, died during the holidays. May God’s gentle presence comfort them in their grief.

Blessings,

**Kay Holmes**  
**Campus Minister**

## Guidance Counsellor

**Procrastination:** putting off a task or goal that we know needs to get done and doing something less important, despite the negative consequences of delaying the task. For example, I sat

down to write this newsletter article then made myself a cup of tea, browsed realestate.com, cleaned up the kitchen and somehow a whole hour went by and I hadn't started the article. Why do we do this? It might make us feel better to put things off in the short term, but in the long term we can feel guilty, irritated, annoyed and tasks pile up.

Most of us are guilty of procrastinating on certain tasks at times in our lives. Research suggests that about 20% of adults in the general population are chronic procrastinators and it is often much higher in school or university settings (75-95%). If you procrastinate you are not alone.

Understanding why and how you procrastinate is helpful, but not essential to overcome procrastination. If you would like to look at reasons why you put things off follow the link to the website Centre for Clinical Interventions (CCI) at the end of the article.

The CCI website suggests a range of strategies to tackle procrastination. Some of these are summarised below.

## 1. Know what needs to be done.

- First write a 'to-do' list.
- Prioritise the list from 1 onwards based on what needs to be done first.
- Break each task into all the small steps that are involved to achieve the task. If the task is an assignment you might break it down into the following steps: read chapters relevant to assignment, plan assignment, write introduction and so on.
- Estimate how long each step will take. For example: read chapters relevant to assignment (2 hours), write plan (1 hour), write introduction (30 minutes).

## 2. Find time to work on tasks and goals.

- This is about managing your time well. Use a calendar to keep track of deadlines, a diary to write weekly notes and homework, and a planner for each week. There is a link below with more information on time management.

## 3. Find the best way to approach each task.

- **Worst-First approach.** Tackling the worst task first can be helpful to get something done that is a relatively small task that you have been dreading.
- **Start with 5 minutes.** Five minutes is a small amount of time to tolerate doing a task. At the end of the 5 minutes ask yourself if you can spend just another 5 minutes on the task, and so on. The idea is that once you get started on a task you have been putting off you gain momentum and the task seems less daunting.
- **Set time limits.** An alternative approach is setting a fixed time to work on a task, such as 30 minutes. You may be more willing to get started using this approach rather than feeling like you are trying to trick yourself into doing more with the 5 minute technique.

- **Prime your environment.** Make sure your environment helps you to stay focussed. This may mean working away from other people and distractions (TV, fridge, phone, etc).

Procrastination is a common part of human behaviour and is not the same as being lazy. Procrastination is a habit and, like any habit, it takes time, practice and persistence to break.

Wellbeing Information and Resources

## Time Management

The Deakin University website steps through how to write study plans and timetables.

<http://www.deakin.edu.au/students/study-support/peer-learning/year-11-and-12-study-skills/time-management>

## Procrastination

The Centre for Clinical Interventions has workbooks and information on managing with procrastination.

[http://www.cci.health.wa.gov.au/resources/infopax\\_doc.cfm?Mini\\_ID=51](http://www.cci.health.wa.gov.au/resources/infopax_doc.cfm?Mini_ID=51)

## Career Information and Resources

### Tertiary Studies Expo (TSXPO)

The Tertiary Studies Expo (TSXPO) is an event for senior students seeking to explore tertiary study, training and career options. TSXPO features representatives from universities, TAFE institutions, Defence Forces, Private Education Colleges, and student support services. The TSXPO is held on Saturday 16 and Sunday 17 July at the RICC Brisbane Showgrounds, Bowen Hills. Admission is free. For more information go to:

<http://www.careersevent.com/tsxpo/>

### QTAC Tertiary Prerequisites Guide

This resource informs Year 10 students about the subject prerequisite for different tertiary courses. Follow the link to download the publication.

<http://www.qtac.edu.au/about-qtac/publications>

### Bond University Open Day

Saturday 23 July 2pm-6pm

<https://bond.edu.au/future-students/study-bond/see-yourself/open-day>

### Australian Catholic University Open Day

Saturday 23 July 9am -2.30pm

[https://www.acu.edu.au/connect\\_with\\_acu/events/brisbane/open\\_day\\_-\\_brisbane](https://www.acu.edu.au/connect_with_acu/events/brisbane/open_day_-_brisbane)

### Griffith University Open Day (South Bank, Nathan, and Gold Coast campuses)

Sunday 24 July 9am-2pm

<https://www.griffith.edu.au/open-day>

### QUT Open Day

Saturday 31 July 9am-3pm

**Anna Wallace**  
**Guidance Counsellor**

## Middle Leaders Report

### MATHEMATICS MATTERS

#### Junior Mathematics

Guided by the Australian National Curriculum, students in Years 7-9 engage in a Mathematics program that provides them with opportunities to build an appreciation and understanding of essential mathematical concepts. The curriculum focuses on developing increasingly sophisticated and refined mathematical understanding and problem-solving skills. Students are encouraged to communicate their mathematical understanding through the use of diagrams, mathematical language and reasoned arguments. They use tools such as manipulatives, calculators, and web tools to consolidate their learning. In addition to the year specific curriculum, during Term 3, students in Years 7-9 will participate in a program that targets the development of key numeracy skills required for success within higher level mathematics as well as the numeracy demands of learning outside of the mathematics classrooms. As part of this targeted program, students will be expected to complete a variety of in-class activities and homework tasks including online drills and weekly skills consolidation activities. As mentioned in previous newsletter articles, disposition and a growth mindset play a large part in the continued development of numeracy skills so please talk to your daughters regarding these activities and encourage them to explain their thinking and celebrate their achievements.

#### Foundations for Senior

In Year 10, students begin to explore pathways that include variations in required mathematical knowledge as they consider their choices for senior school and beyond. While all Year 10 programs follow the guidelines of the *Australian Curriculum: Mathematics*, during Semester 2 some students will explore a more complex program which exposes them to the foundation required for senior subjects such as Mathematics B, Mathematics C and Physics, while others will work towards consolidating more general skills that relate to the ways in which mathematics is used in everyday life and non-science based careers. All parents/carers of Year 10 students should have received information in the form of a letter regarding their daughter's Semester 2 Mathematics pathway. If this is not the case, please speak with your daughter or contact me directly at [kbrims@bne.catholic.edu.au](mailto:kbrims@bne.catholic.edu.au).

**Kate Brims**  
**Mathematics and Numeracy Middle Leader**

## Arts Department

### A CHORAL CELEBRATION – JUST SING IT

On Wednesday 27 and Thursday the 28 July, Our Lady's College Choir and A Cappella vocal ensemble will be workshoped with international guest conductor and chorister

Mr David Lawrence. These workshops will be held in the College hall during ensemble rehearsal times and school hours. During these courses Mr Lawrence will workshop the recent works of the vocal groups and introduce singing and performance techniques, which will benefit all participants.

On the afternoon of Thursday 28 July, Our Lady's College will be hosting the community choral event 'Just Sing It'. This event will involve over 120 singers from our community. Our Lady's College choral students, together with students from St Mark's Primary School, Mary Immaculate Primary, St Sebastian's Primary School and St Lawrence's College, will join together to form a mass choir to celebrate and share in the joy of singing under the direction of guest clinician, Mr David Lawrence.

As Our Lady's College is hosting this event, all Choir and A Cappella students will also be required to lead the mass choir practice / performance on Thursday afternoon 28 July (from 3:00pm – 7:30pm). This practice will be held with all other invited registered participants of this event. Students will be required to wear formal school uniform to all workshops and performances.

The timetable of events for the David Lawrence workshops and 'Just Sing It' A Choral Celebration is:

#### Wednesday 27 July:

- 11:00am – 12:30pm - 'A Cappella Vocal Group' workshop
- 1:00pm – 2:00pm - 'A Cappella Vocal Group' workshop
- 2:00pm – 2:50pm - 'Choir and A Cappella Vocal Groups'



#### Thursday 28 July:

- 7:45am to 8:35am - Choir workshop
- 9:00am to 10:30am - Choir workshop
- 11:30am - 12:30pm - Choir workshop
- 1:15pm - 2:00pm - A Cappella Vocal Group
- 2:05pm – 2:45pm - Choir Workshop
- 3:15pm - 5:30pm - 'Just Sing It' mass choral workshop
- 6:30pm – 7:30pm - 'Just Sing It' CONCERT  
(Choir, A Cappella groups will also perform at this concert)

**There will be a concert on Thursday afternoon at 6:30pm in the Our Lady's College Hall to celebrate the work and efforts of all participants. Prior to the concert, pre entertainment food and drinks will be available for purchase. Everyone is welcome to attend the concert.**

#### Concert Entry cost:

- Family: \$10.00
- Adult: \$5.00
- Student/Concession: \$3.00
- Performers: Free
- (tickets will be available at the door)*

For further information please feel free to contact Mrs Johnston at the College.

## About David Lawrence (2016 Australian Visit)



British conductor David Lawrence has a special connection with Queensland, visiting the state annually in July for a two to three week residency to lead choral

festivals, workshops, and concerts. In 2016 his trip takes in Toowoomba, Townsville, and Brisbane, and over the course of the residency he will conduct more than 1000 children and adults. From the Mulkadee and Spirit of the Voice festivals to Toowoomba Grammar School, Kedron State High School, and Our Lady's College in Annerley, he will introduce singers to new repertoire, lead masterclass sessions and open rehearsals, and prepare choirs for performance.

David Lawrence is one of the UK's most versatile conductors. He regularly works with a range of groups including orchestras, symphony choruses, and chamber choirs, and he has been shortlisted for a Gramophone Award for his conducting. He currently holds the Guinness World Record for conducting the UK's largest choir - 6,846 singers! His work has taken him to Singapore, Colombia, Canada, the United States, India, throughout Europe, and since 2005 he has worked annually in Australia. He is a popular guest conductor, and he is an experienced and respected trainer of choral conductors. He teaches regularly alongside Ghislaine Morgan in Portugal, and delivers management training and team building through the media of singing and conducting.

In 2013 he was appointed to the artistic staff of the London Symphony Orchestra as its Community Choir Director. He has also worked with the London Philharmonic Choir, the Hallé Choir, the Tasmanian Symphony Chorus, and the CBSO Chorus for whom he is the Associate Conductor, as well as the national youth choirs of Scotland, Northern Ireland and Wales. David has adjudicated at international choral festivals, including the inaugural City of Derry Festival, as well as for the BBC Choir of the Year and Young Musician of the Year competitions. He conducts for BBC Television's 'Songs of Praise' and directed 'The People's Chorus' in a performance of Spem in alium for BBC Four. As a guest chorusmaster for Netherlands Radio Choir he has worked with Stockhausen, John Adams, Kenneth Montgomery, and Frans Brüggen.

David has a particular passion for working with young people, and until recently was the regular conductor of the CBSO's City of Birmingham Young Voices. In annual visits to Queensland he conducts schools and young people in Townsville at the Spirit of the Voice and Mulkadee singing festivals, has run a summer school for St Patrick's College in Mackay, and has three times been the guest conductor at Hobart's Festival of Voices. In the UK he has led singing days for schools including Cranford House, Hereford Cathedral, Surbiton High School, Christ's Hospital, and The Leys in Cambridge, for the ARK Schools, and for music services including Staffordshire and Derbyshire. In 2016 he was the headline presenter for the National Association of Choirs' national conference.

As Principal Conductor of Young Voices, David directs massed children's choirs in an annual series of over 20 concerts with some choirs incorporating more than 8,000 singers at venues including the O2 in London, and arenas in Sheffield, Belfast, Birmingham, and Manchester. He continues to work with

Sinfonia Viva as their Choral Advisor, project leader, and conductor, and has also directed large-scale education projects with the Orchestra of Welsh National Opera, the English Symphony Orchestra, the Royal Liverpool Philharmonic Orchestra, and the City of Birmingham Symphony Orchestra.

**Bianca Johnston**

**Arts & Culture Middle Leader**

### Thankyou

A big vote of thanks to Leanne, Andrew, Alice and Grace Hill along with Edward Lokhorst from the Parents and Friends for their time and fundraising efforts running a Barbeque on Election Day.

## St Elizabeth's School Fete

### St Elizabeth's School Fete – Sunday, 31 July

The heart of Tarragindi will come alive with the sound and colour of the St Elizabeth's Catholic Primary School Fete on Sunday, 31 July from 10am until 2pm at Effingham Street, Tarragindi.

It will be a fun-filled day for the whole family. There are thousands of dollars of prizes to be won including the chance to win a BRAND NEW 2016 HOLDEN SPARK, valued at over \$17,000.

The kids will enjoy face-painting, beanie kids, make-your-own keyrings, tombola, lob-a-choc, sample bags, fantastic inflatable rides, photo booth and a haunted house!! Find a bargain at the pre-loved books, toys, bric-a-brac and vintage clothes stalls. Take home a handmade treasure from our beautiful craft stall and indulge in some sumptuous treats from our cakes, sweets, jams and preserves stalls. Be entertained with dancing displays and roving entertainment, get pampered with at pop up massage stand or enjoy a beverage or two at the bar. If you get hungry, grab a bite to eat at one of the many food stalls.

## 2016 Early School Leavers survey

### 2016 Early School Leavers survey

The Queensland Government is conducting its annual state wide survey of students who left school in Years 10, 11 and prior to completing Year 12 during 2015. The *Early School Leavers* survey is a short, confidential survey that collects information about what young people are doing the year after leaving school. The information from the survey helps our schools to understand the pathways young people follow after leaving school and to plan services to support transitions into study or employment for our students.

Between July and August 2016, our students who left school in Years 10, 11 and prior to completing Year 12 last year, can expect to receive an invitation to complete a web-based survey or a telephone call from the Queensland Government Statistician's Office to complete the survey. Please encourage early school leavers to take part.

For more information, visit the link below or telephone toll free on 1800 068 587.

## Marriage Encounter

**Worldwide Marriage Encounter:** A weekend away for married couples in peaceful, picturesque surroundings – away from the distractions of everyday living. Take time out of your busy schedule, to invest in your most precious asset . . . your Marriage! This is a unique opportunity to recharge your relationship batteries, refocus on each other and fall in love all over again!

Our next week end will held 14 to 16 October 2016 .

### Watch our video:

<http://www.youtube.com/watch?v=vy30Vo2P18Q>

**Venue:** Santa Teresa Spirituality Centre, Ormiston QLD (on Brisbane's bayside)

**For bookings/details contact:** Maria and David Murphy, ph (07) 3342 1456, [dandmmurphy@optusnet.com.au](mailto:dandmmurphy@optusnet.com.au)

<http://www.wvme.org.au/>

## College Newsletter and 2016 Calendar

Access our College Newsletter and 2016 College Calendar via the College website:

<http://www.ourladyscollege.qld.edu.au/>

## Important Dates and Deadlines

<b>18 July – Monday</b>	Inter-House Athletics Yoshiwara students arrive
<b>19 July – Tuesday</b>	Parents & Friends Meeting 7:00pm - Boardroom
<b>20 July – Wednesday</b>	Rd 6 Soc/SNB/JV draw available on Parent Portal and Website
<b>24 – 31 July</b>	Catholic Education Week
<b>24 July – Sunday</b>	Rosies Outreach
<b>26 July – Tuesday</b>	Parent/Teacher/Student Interviews 3:30 – 6:30PM Year 10 Subject Information Evening 7:00pm
<b>27 July – Wednesday</b>	Rd 7 Soc/SNB/JV draw available on Parent Portal and Website
<b>27 – 28 July</b>	Choral Festival with David Lawrence
<b>29 July – Friday</b>	Visitors' Day

## Absentees

**Please Phone:** 07 3426 8095 prior to 9.00 am daily

**Email Link:** [www.ourladyscollege.qld.edu.au](http://www.ourladyscollege.qld.edu.au)

**Absentee Email:** [absenteeOLC@bne.catholic.edu.au](mailto:absenteeOLC@bne.catholic.edu.au)

**Or via the Parent Portal**