



OUR LADY'S COLLEGE

ANNERLEY

newsletter

15 Chester Road
Annerley QLD 4103
Subscribe: <http://ourladysc.schoolzineplus.com/subscribe>

Email: sannerley@bne.catholic.edu.au
Phone: 07 3426 8000
Fax: 07 3848 8059



16 June 2017

Visitors' Day – Friday, 21 July 2017

Visitors' Day Friday 21 July
9am - 10.30am

A vibrant and engaged community. Our Lady's College nurtures each girl academically, socially, physically and spiritually.
Your daughter will be encouraged to enjoy a love of learning by our highly dedicated staff and our small class sizes ensure individual and personal attention.

Invest wisely in your daughter's secondary education.
Phone today to register for our Visitors' Day.
3426 8000 | Chester Road ANNERLEY
www.ourladyscollege.qld.edu.au

Principal's Message



Collaboration, creativity and communication were the take home messages received by the Year 10 students following their 'Big Day In' at the University of Queensland last week. This future focused forum, allowed the girls to hear about the new fields developing and opened them to alternate career opportunities – such as ethical hacking (for example, banks

paying consultants to try to hack in so that they know their weaknesses and can improve security measures). This week the Year 10 girls also have an opportunity to partner with students from St Laurence's College to provide experiences for the students at Nursery Road Special School. Next week they will have a variety of sessions in Community Week that allow them to deepen their self-knowledge and learn more about careers ahead of the Set Planning and subject selection process next Term. Those important skills of collaborating, creating and communicating are being well practiced by our Year 10s and these underpin too, the activities for next week.

According to Sir John Jones mindfulness, connection and positive relationships are vital to wellbeing. Community Week, commencing next week, has been designed to allow students opportunity to reflect on the Term that has been, to engage in activities that require them to think differently and to problem solve in teams, and to consider their aspirations. Michael Fullan names this 'character education'. Dr Carol Dweck explains the disposition as a 'Growth Mindset'. This has also been coined by Brisbane Catholic Education's Deputy Executive Director, Dr Doug Ashleigh, as 'attitude determines altitude'. Regardless of title, it is vital to success and resilience and is the philosophy underpinning the week. Ms Archer has already emailed the program outline to each of the year groups and to parents. There are many interesting activities planned.

This week we especially acknowledged the contribution of our school officers in our community. From setting up Science experiments to working alongside students in the classroom and answering enquiries in the office, our school officers support the girls enormously in their learning. Thank you to all of our school officers for the wonderful work that you do and the support that you provide to all in our community.

Staffing Changes for Term 3

In Years 9 and 10 there are subject changes in Semester 2 according to elective subjects selected. These changes necessitate adjustments of teachers to some of your daughter's subjects. Students in Years 7 and 8 have changes to electives resulting in some teacher changes as well. New timetables will be distributed on our first day back, Monday July 10.

Ms Paula Geraghty will be away for long service leave in Term 3 until August 4. Ms Clare Michelsen will be taking Ms Geraghty's classes during this time.

Mr Gordon Stacey will be the Business and VET Curriculum Leader during this time.

We know that you will be looking forward to time with your daughter in the upcoming holidays.

Shalom

Paula Goodwin

Principal

Teaching and Learning

Fixed Versus Growth Mindsets

Within the next week, semester reports will be made available in the Parent Portals. Within this section of the portals, parents have access to previous electronic reports and other information, including details of how to book times for Parent/ Teacher/ Student interviews when the site becomes available in July.

As mentioned in previous articles, results are something that every child should be able to control. The choice offered by a growth mindset means that students can choose to improve their grades by setting targets, focusing on areas of strength and choosing to actively work on areas of need. If they really do have their finger on the pulse of their areas of need and strength, then the progress outlined in the semester reports should hold no surprises and the discussion about what areas to focus on next will provide a rich conversation rather than a "judgement". We need to be wary of blame games when it comes to outcomes and achievements. It can be very easy for some students to travel along the track of, "I've never been good at (*insert name of subject here*) and that explains my grades." Young adults will keep working on their driver's license until they get it – that's a reality that they fully understand. We need to harness the same reality with any subject or goal so that we use achievement language to make the achievement a reality.

Community Week has been well-received by the students and this important week provides a unique opportunity to accomplish some of the activities that simply cannot be attempted at other times without disruption to the flow of the term. My thanks go to the Pastoral and Academic Leaders for their organisation of the interesting activities and guest speakers to present these opportunities for our students.

Senior students will take two complete days to undertake QCS testing. This is externally marked with the results providing rich feedback for our students. Students from Year 7 – 11 will use this unique opportunity for Reflection Days, Enlighten Education, Friendship Days, Mathematics Incursions, STEM activities, Careers Development, Drama performances and Leadership development.

Year 10 students will undertake their Careers Sessions and this will provide much information and guidance for the upcoming subject selection process. The idea is that this information will be repackaged and reinforced so that students become

comfortable with the new jargon that will inform their choices for the future. They will soon start making choices on what subjects they plan to select for Year 11 and therefore which pathway they intend to follow for their senior schooling. When it comes to choosing these subjects there are some basic criteria that should be kept in mind:

1. Choose subjects that can help you to achieve where you would like to go after school finishes.
2. Choose subjects that reflect your ability.
3. Choose subjects that you have an interest in and that you think you would enjoy.

It is important to realise that many of the subjects focus on similar skills of analysis, synthesis and problem solving. Many have similar opportunities to develop research and presentation skills and these similar skills sets are grounded in a variety of subject areas. Choosing a subject only because one thinks it will set up a career path is not a valid decision criteria. The skills involved in a less popular subject can be just as easily found in a much-loved learning area. Bottom line: if you have to impress, stick with your strengths. There will be more information arriving early next term about bookings for SET Plan interviews with Year 10 students, parents and academic mentors.

Have a restful break – next term is going to be a busy one!

Anthony Stevens

Deputy Principal

Community Matters

As the end of the semester draws closer, so does the end of the official Big Sister program. Last week a lunch was held where the Year 7 students had the opportunity to demonstrate to their Year 10 Big Sisters how grateful they are for the time they have taken to assist the newest members of the school community to settle in and manage the demands of high school. While the formal lessons have ended, I am sure, that many of our Year 7 students will still seek out the support of their older friends at school for advice during challenging times. Thank you to Anita Macknish for overseeing this program and to Marion Holland for making the lunch on this day.

An email was sent to all students and parents on Monday of this week outlining the timetable for Community Week. As stated in the email, this occurs in Week 10 and the activities vary from year level to year level to best meet the demands of students at that age group. In addition to this, the week aims to foster a deeper sense of community amongst the students of that year group. Please refer to the email for an outline of what your child will be doing on each day.

One event of particular interest in Community Week is the Year 12 Formal. Thank you in advance to Celeste Amos and her team of teachers and students who have worked since the end of Term 1 to ensure that it is a beautiful evening for all who attend. We are all looking forward to the night.

Wishing you a fun and safe winter holiday.

Dona Archer

Assistant Principal

Student Wellbeing

In the Tradition

Year 7-10 Reflection Days

Next week students in Years 7-10 will participate in their annual Reflection Day. These days are an opportunity to follow on self awareness and growth. They are also an opportunity for students to learn more about the others in their class and appreciate the different talents that others have. Each day has a particular focus that relates to the needs and interests of that cohort and students find the days to be fun and worthwhile. There is a clear expectation that all students attend these days.

Nursery Road Special School Program

This week some of our Year 10 students, with St Laurence's boys, assisted the students of Nursery Rd with their special program. At Nursery Road, the students helped with art and sport experiences. They also assisted with a visit to the Museum at Southbank. At the museum the students learnt about insects with a special interactive talk and they visited many of the displays. Our girls took their responsibilities very seriously and were wonderful with their buddies. All the girls enjoyed the experience and learnt a lot about others and themselves.



In God's love,

Linda Brandenburg
Assistant Principal
Religious Education



Campus Minister

Refugee Week

During the last week of term, our Community Week, it is also Refugee Week. At our last college assembly Year 11 Woods led us in praying for those who have fled to our land, and praying for ourselves to welcome them compassionately. They shared the reading of Mem Fox's latest book *I'm Australian, Too!* which highlights the ethnic diversity of our population and the importance of welcoming acceptance of those seeking to live in harmony with us. You may wish to read it, too. Mem Fox *I'm Australian, Too!*



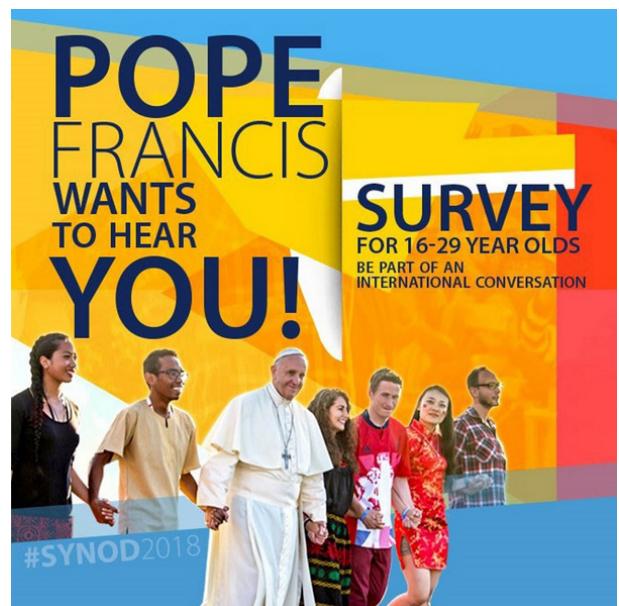
The Mission and Cultural Committees are celebrating the diversity in the Our Lady's community by hosting a multi-cultural fashion parade and a pizza lunch on Monday 19 June. Proceeds will go towards the two legal aid clinics which offer pro-bono support for refugees to make their protection claims.

Mary MacKillop Awards

At the last college assembly six girls were honoured with Mary MacKillop Awards for their positive attitude and committed service demonstrated across a variety of college activities including the Polynesian dance group, Open day, the Year 11 community service project, St Vincent de Paul and the Benenson Society. Congratulations and thank you to Fiona Tauatalai, Zara Limmer-Rhodes, Tram Tran-Pham, Madison Saunders, Alana Joosten and Nina Flores-Rodriguez.

Youth Survey

As you may be aware, the Australian bishops have identified 2018 as the Year of Youth . In Rome, the 2018 Synod of Bishops will meet on the topic Young People, the Faith and Vocational Discernment. In preparation for this, the Australian Catholic Bishops Conference has developed an online survey for all young people aged 16-29 to provide feedback to the Vatican in preparation for the 2018 Synod. Archbishop Coleridge commented that the survey provides a remarkable opportunity for the voices of young people to be heard by the Church



I urge **all** young people in the targeted age range, regardless of their current relationship with the Church, to participate. The survey is now open until 2 July.

Prayers Please...

That during these holidays we may all be blessed with a refreshed and rejuvenated spirit.

During Refugee Week, we pray that we may open our hearts to welcome each stranger as our sister and brother and help us to see the face of God in their faces.

Blessings,

Kay Holmes
Campus Minister

Guidance Counsellor

I hope this newsletter finds you and your family safe and well. In response to the recent media reports of the tragic events across the world, it is common for people to feel a sense of unease and distress. I would like to take this opportunity to offer some information for supporting your children's understanding, feeling of safety, and wellbeing in response to these events.

- As a parent, you are the most important role model for your children. Demonstrating a measured and moderate approach in your own reactions to these events, and in how you talk to your children about them, will help ease any heightened feelings they are experiencing.
- It is best not to give more information than your child asks for, and let your child know that it is normal to feel upset, scared or angry. Try to limit excessive watching and listening to graphic replays of the traumatic event, and be available to discuss with them what they are seeing and reading.
- Reassure them that you and their school community are here to protect and support them, and will do everything you/they can to keep them safe.
- Encourage them to talk and ask questions, and try to answer these honestly. Letting them know that they can be open about their feelings will help to ease their distress.
- Avoid discussing worst-case scenarios, and try to stick to your normal daily routine as much as possible.
- Try to encourage discussion around the positive stories that result from these events to re-establish their sense of good in people. For example, discussing how communities come together, and the support that people provide for one another following traumatic events.

While these conversations can seem difficult, they offer opportunities for you to help your child learn to manage difficult emotions, and to make sense of complex events. Most children will move on from the fear and distress following traumatic events, however if you have concerns that your child is experiencing prolonged distress, we encourage you to reach out and seek additional support through speaking with your local GP, the school guidance counsellor or other community support services. Below are a number of free telephone and

online counselling support services for parents and children that may also be helpful.

<https://kidshelpline.com.au/>

<https://www.parentline.com.au/>

<https://www.eheadspace.org.au/>

Art Exhibition

The Queensland Family and Child Commission are holding an arts exhibition, providing an opportunity for children 5 - 18 years of age to share their vision and express their hopes and dreams through art. The theme is centered around art that expresses any or all of the following, safety, love, joy, hope, trust and family. For more details please see the following link. This is a lovely opportunity for students to get creative and be involved in something meaningful.

<https://www.qfcc.qld.gov.au/hearme-seeme>

Career Information and Resources

The options career bulletin provides current career related information and can be downloaded from the OLC Blog. Edition 10 shares information on course and institution updates and open days, career expo dates, information on career exploration, details for the Australian defence force and upcoming information sessions, information on employment search sites and networks, information about financial assistance and scholarships, TAFE options at school, gap year programs, upcoming school holiday workshops and tours, and a short piece on managing stress during exam periods. Please also find in this edition, information on applying for courses through UAC in NSW's, new requirements for entry into teaching courses in Queensland, and the Queensland ATAR changes happening from 2020. Please note that these bulletins are also emailed to all year 12 students for their perusal.

Kelly Worrell
Guidance Counsellor

Middle Leaders Report

The Learning Enrichment team have worked very hard this year providing support to students across various subject areas enabling all students to maximise their potential to access the curriculum. Our enrichment staff have supported students of varying abilities as they engage in learning opportunities that inspire and challenge them to work to their full potential.

Our Tutorial Support Sessions are now held **EVERYDAY** in the school library, **Ad Alitora Place** at 12.45 pm. These sessions are available to all students at Our Lady's College to provide assistance in writing skills and essay writing. Many students take advantage of the support provided by the Learning Enrichment team to improve their ability to write and complete assessment tasks or finish homework.

EAL/D Conversation Sessions have commenced this term for students with English as an additional language or dialect. These sessions are held every **Tuesday** morning from **8.00 – 8.30 am in room A1.3** so that students can practice their English speaking skills.

All students are encouraged to develop their knowledge and skills to achieve their learning potential.

Tina Ellis
Learning Enrichment Middle Leader

St Vincent de Paul Winter Appeal Thanks

Once again, the College community has responded with great generosity to our call for donations for the disadvantaged in our neighbourhood. The St Vincent de Paul members and leaders, Deana Habchi and Natasha Lai, are to be congratulated for their efforts in promoting and supporting our annual Can Drive. The students have delivered over 1200 canned food items to the St Vincent de Paul pantry at Mary Immaculate Church. When we arrived, the pantry was empty, but when we left, it was pleasingly full. Your kind donations will sustain many people through the winter months. Thank you.

Leanne Penrose
St Vincent de Paul coordinator

Community News

Metro South Oral Health

Have you had a recent dental check-up, we have free dental appointments available right now!

All children aged four through to Year 10 are eligible for FREE dental care at our clinics. All adults and children with a Centrelink, healthcare or Pension Card are also eligible. You can choose the clinic most convenient for you.

Please call **1300 300 850** to book an appointment for your child.

- There is know no need to wait on line when you call— just leave your contact phone number and our friendly staff will call you back.
- You can choose the dental clinic you wish to attend.

For more about Metro South Oral Health and services we provide please visit our website:

<https://metrosouth.health.qld.gov.au/oral-health>

or contact us via email:
metrosouthoralhealth@health.qld.gov.au

Important Dates and Deadlines

10 July, Monday	Term 3 begins
14 July, Friday	Spirit Day
17 July, Monday	Inter-House Athletics
18 July, Tuesday	Awards Morning Tea
18 July, Tuesday	P&F Meeting
19 July, Wednesday	Rd 6 NB/S/JV
21 July, Friday	Visitors' Day, 9am

Absentees

Please Phone: 07 3426 8095 prior to 9.00 am daily

Email Link: www.ourladyscollege.qld.edu.au

Absentee Email: absenteeOLC@bne.catholic.edu.au

Or via the Parent Portal

Fees and Levies

Access our College Fees and Levies via the left side panel above on this e newsletter or the College website under enrolments.

College Newsletter and 2017 Calendar

Access our College Newsletter and 2017 College Calendar via the College website – www.ourladyscollege.qld.edu.au