

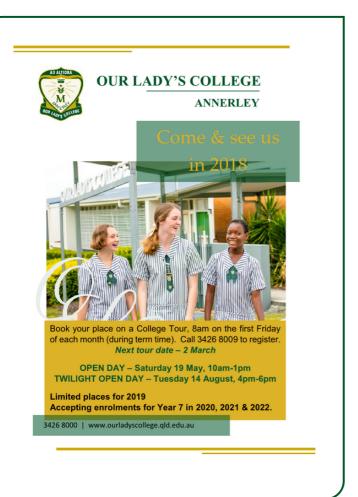
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23 February 2018



# Principal's Message







Monsignor Peter Menelley quoted St Iraneaus at our Opening Mass last week saying that 'the journey of life is a soul making process' and that it is important for us all to cultivate memories of gratitude. There is so much to be grateful for in our community.

# **Shade Sail Project**

As the girls returned to start the new school year, they were in awe of the new shade sail that umbrellas the entire space between Alma and Barr Smith Blocks. It has transformed a very hot and largely unusable space into a much more inviting space for the girls to use during their breaks. On these very hot days, the courtyard now created has been very much appreciated. The Student Representative Council have created a short video of thanks to the College Parents and Friends group who visioned and have provided and sourced funding for this wonderful addition to our school grounds. Please know that every dollar that you provide to the P & F is used to benefit your daughters. This project is just one example of that. **Thank you to our P & F!** 

http://www.youtube.com/watch?v=vY8BbvU-tOc

#### Student Leaders

Following the Opening Mass, we celebrated the commissioning of our Year 12 Leaders. Following the examples of Jesus and Mary MacKillop, our girls are very aware that leadership is not about putting oneself above others, but rather leadership is walking beside, journeying with, and serving the needs of others. Such leadership is marked by respect, service and integrity. Congratulations to:

College Captains - Jorja Horton and Toni Matakatea
Liturgy Leader - Cassandra Jovanavic
Social Justice Leader - Ruby Parker
Cultural Leader - Summer Stiller
Sport Leader - Sarive Zena
Kelly House Leader - Alyssa Haigh
Lambert House Leader - Olivia Anderson
MacKillop House Leader - Jada Kynoch
Woods House Leader - Alice Hill

The College Captains together with the House Captains, lead the Student Representative Council that cultivates leadership from Year 7 through to 12. These students lead projects to improve our community – including the 'tech free Tuesday' initiative. Congratulations to our Term 1 SRC Reps:

## Kelly House

Year 7: Charli-Rose Blackwood Year 8: Kiandra D'Souza Year 9: Ngan Nguyen Year 10: Christine Uakusonjit Year 11: Marie Inocillo

#### **Lambert House**

Year 7: Madelyn Polk Year 8: Hannah Blain Year 9: Ellie Anderson Year 10: Ella Gilbert Year 11: Katie Byers

#### **MacKillop House**

Year 7: Mila Scott Year 8: Emily Ingram Year 9: Charmi Cortez Year 10: Blessy Mathew Year 11: Grace Tupou

#### **Woods House**

Year 7: Vithusha Ramesh Year 8: Grace Bampton Year 9: Claudia Kartelo Year 10: Beth Allen Year 11: Sarah Habchi

### **OLC HEART!**



Some of our Past Students have returned this week to assist our Learning Enrichment Department in launching a Homework Club in Ad Altiora Place. The club, HEART, is derived from Homework, Enrichment, Assignment, Revision, Tuition. It will be held Monday to Thursday from 3pm to 4pm. The team is:

#### Leah Vaughan - College Captain 2013



I am delighted to be starting school tutoring for the after-school homework and assignment club. I started grade eight at Our Lady's College in 2009 and graduated with many memories, life-long learning skills and the privilege of being College Captain in 2013. Throughout my schooling years, I participated in various social justice

organisations and clubs. As a past student of the College, I strongly identify with the values of compassion, integrity and community.

In 2016, I completed my Bachelor's Degree in Film, Television and New Media Production at the Queensland University of Technology (QUT). I have a passion for English and writing techniques. At university, I wrote various film scripts which progressed to story-telling online.

Returning to the College as a tutor presents the unique opportunity to connect and support the students on a peer level. I can assist in the subjects of: English, Art, Religion, Humanities, Biology and Junior Math. I hope to aid the students in critical thinking and alternative approaches.

## Matisse Jacobs - College Captain 2016



I am a past OLC student and the 2016 College Captain. I have just started my second year at the University of Queensland, studying a Bachelor of Science with dual majors in Biomedical Science and Zoology. I am excited to be returning to the college as a member of the after-school tutoring team and am looking

forward to supporting OLC students with homework questions, assignment issues and planning, as well as offering revision tips and tricks. With a passion for science and mathematics, I hope to assist the girls in striving ever higher.

### Ben Angus - Learning Enrichment Team Member



I am currently working as a School Officer at Our Lady's College. I jump between a variety of different year levels and subject areas, so most students at the school have either seen me around or have had me in a few of their lessons.

In the middle of 2015 I completed my Bachelor degree in Secondary Education,

majoring in Mathematics and minoring in Computer Education. While completing this degree I also had courses that covered some of the basics of English, Ethics, Psychology, and Science. At the end of 2016 I also completed a Graduate Certificate in Teaching of English to Speakers of Other Languages, also known as TESOL and ESL. This not only enhanced my skills with essay and report writing, but also gave me knowledge about standardised English and how to assist others with speaking difficulties. As of 2018 I have commenced studies to complete a Diploma of Languages, majoring in Japanese.

I have decided to participate in the after-school homework club as some students have mentioned that they are unable to come to school early so they cannot join before school tutorials, or have commitments at lunch that prevent them from coming to lunch time tutorials. I will be able to assist with a variety of subjects, especially Mathematics, Science and computer-based subjects or assessments.

There is always so much to celebrate and be grateful for in our community. From physical facilities through to community connections, vibrancy, warmth and opportunities for our girls abound – indeed a soul making experience for us all!

Shalom,

Paula Goodwin Principal

# **Teaching and Learning**

We have had much to celebrate in the last two weeks. Firstly, we acknowledged the Year 12 students as leaders of the student community for 2018. At our Opening Mass they were inducted as they recited a pledge that they had written and they received their Seniors' badges. The Student Leadership team also received their badges on this day. Congratulations to all of these girls—we are enthused with your vision for student leadership at Our Lady's College for the year. The morning was a wonderful celebration of all that is good in our community. A delicious morning tea was provided by teachers and students from our Home Economics Department under the leadership of Mrs Holland. Thank you to all involved and especially to the girls for their amazing singing during the Mass.

Towards the end of this term, Year 11 and Year 12 students will be engaged in a formal examination block lasting for five days. This will occur from Monday 19 March to Friday 23 March inclusive. This has already been flagged in the Assessment Calendars made available to every senior student via their access to the Student Portal and, for parents, via the Parent Portal. These Calendars contain the latest information available about assessment dates within the school. Please note: students must attend their scheduled exam times without fail. Further information is available in the student diaries.

Students in Years 11 and 12 have been assigned an Academic Mentor to assist with their study preparation and goal setting for the year. Mentors at this time are from the Pastoral teams, school support and College Leadership Team. Students have been working on their goals for this term and should make contact with their mentors in the coming week in order to seek assistance with thorough and consistent preparation for the coming exam block.

## **Testing**

There are a number of standardized tests that the students undertake that assist the College greatly with our fine tuning of support for our students. Our Lady's College has been enjoying impressive and wide ranging success in our results which would not be possible if we were "flying blind", so to speak. Currently, students are participating in PAT-R and PAT-M tests, as well as Writing and Numeracy analysis. The National Assessment Program - Literacy and Numeracy (NAPLAN) Testing will occur on 15 to 17 May.

The results of all of the above, work together to create powerful knowledge about your daughters so that we can develop programs that are tailored to the actual abilities of the students – reducing the risk of underachievement or disengagement. All students who are enrolled in Years 3, 5, 7 and 9 or their equivalent, in all government and non-government schools will be tested for NAPLAN. Year 7 and 9 students at Our Lady's College will sit for five (5) tests which will cover the areas of language conventions, narrative writing, reading and numeracy. Calculators are required for one of the numeracy exams. Already, our students are in preparation to ensure the best possible results.

It is important to impress upon your daughter that, while this is "just another test", it does assist the school to deliver the personalised care and attention that Our Lady's College is very proud to be able to provide for your daughters.

These coming months will be a very intense and tiring time for students and parents. Calm and gentle preparation ensures that we all have the best resources available to bring out our students' best.

Anthony Stevens Deputy Principal

# **Community Matters**

# Changes to Public Transport during Commonwealth Games

Please be aware that from March 30 until April 20 there will be changes to public transport due to the Commonwealth Games. This may especially impact students and their families during the first week of Term 2 as the games end and people travel to airports etc. If your children travel to and from school on public transport, bus or train, I encourage you to visit the link below or call 13 12 30 for more information.

https://www.getsetforthegames.com/

#### Year 11 and 12 Parent Afternoon Tea

Thank you to the parents who joined us last Friday for a chat at the Parent Afternoon Tea. It was an opportunity for parents to chat to each other and members of the Pastoral Team about how to best support their daughters in their final years of high school. Thank you to Phil Parkinson and Rowena Dinnen for their organisation of the event. Email invites will be sent for the other year levels in the next terms.

# Year 11 and 12 Community Service Project

Congratulations to the students from Year 11 and 12 on an excellent fundraiser for the Rosies Street Van. Over the course of Week 4 they were able to educate the school community about the organisation, while encouraging a sense of fun in the community through the wearing of red accessories on the Friday. Well done Year 11 and 12.

## **New Parent Evening**

This evening, parents of Year 7 students and their families are enjoying a meal together to welcome them to the College. It is always an enjoyable evening that sees families and new friends connecting for the first time. Thank you to Anita Macknish for her organisation of this event and the various staff members who have supported her in making the evening successful.

Dona Archer Assistant Principal Student Wellbeing

# In the Tradition

# **Opening Mass**

Last week Monsignor Peter Meneely celebrated our Opening Mass. He used the Mary MacKillop quote, "Gratitude is the memory of the heart" to remind our community about the importance of being grateful and thankful for all the blessings that we have. The occasion was an opportunity to ask God's blessings on our year and to induct our Year 12 students as leaders. I would like to thank all the parents and family members who were able to attend and make it a special event. It was particularly enjoyable to have Sister Genevieve and Sister Chris, Josephite Sisters, celebrate with us.

# Ash Wednesday

In our Ash Wednesday prayer liturgy, the Liturgy Committee used the symbols of seeds to capture our theme of Lent. The seed reminds us of the behaviours we need to break out of, in order to grow and become our best selves (flower). Students have been asked to commit to work on one character trait (e.g. Forgiveness, acceptance) and prepare themselves for Easter. The Liturgy Committee will create visual arrangements from the students' leaf commitments.

As well Lent is also a time of fasting (Ash Wednesday and Good Friday) and almsgiving and students are invited to donate to Project Compassion to support the practical work of Caritas.

In God's love,

Linda Brandenburg Assistant Principal Religious Education



# Campus Minister

#### **MASS**

Last week we welcomed Monsignor Peter Meneely to our college to celebrate mass and commission our student leaders. He spoke to the girls about the importance of gratitude, something that Mary MacKillop also espoused. 'Gratitude enables you to see the world as God does.'

### **ROSIES and TRICARE**

Last Tuesday our small band of volunteers made the first TriCare visit for the year which was much enjoyed by students and residents alike. The Rosies volunteers completed their preparatory training on Monday ready for Sunday night outreach experiences to begin in March. Thank you for your commitment, girls.

#### LENT and PROJECT COMPASSION

The pancake stall held last week by the Social Justice committee yielded \$165 - a great start to our fundraising for Project Compassion.

Through your generosity during Project Compassion this year, you are empowering young people to build a just future for themselves, their families and their communities. In Nepal, a Caritas Australia supported program has helped Janaki turn her life of poverty and disadvantage around. She is now running her own successful sewing business and has become a role model in her community.

Please donate to Project Compassion 2018 and empower vulnerable young people like Janaki in Nepal to build a just future for themselves, their families and their communities.

I look forward to meeting some of you at the dinner to welcome new families on Friday night.

Blessings,

Kay Holmes Campus Minister

# **Guidance Counsellor**

## **Building Self-Esteem**

One of the factors that distinguishes humans from animals is the awareness of self. Self-esteem is the way we think about ourselves and the value we place on ourselves as an individual. Healthy self-esteem means thinking about ourselves in a balanced way. It is about seeing our weaknesses and our strengths. Young people with healthy self-esteem are more likely to try new things, take safe risks, act independently, celebrate their achievements, manage their emotions and tolerate frustration.

A person can develop low self-esteem if they often see themselves in a negative light. This is a problem for students when:

- they become overly critical of themselves and ignore their positive attributes
- school work is negatively impacted due to a belief that they are capable of achieving less than they are able to
- relationships are affected by the young person withdrawing from peers, or becoming distressed by criticism
- they withdraw from leisure activities that they previously enjoyed.

Self-esteem is explored as part of the Year 8 Pastoral Care Program this term. Last week students were encouraged to build healthy self-esteem by:

 giving and receiving compliments. Students identified in each other qualities they admired and wrote these down and placed them in admiration folders during Pastoral Care lessons

- turning up the volume on positive thoughts and challenging negative thoughts
- reflecting on who they spend time with and which people they can spend more time with because they make them feel good about themselves.

The following links and references provide some useful information on building self-esteem:

http://www.cci.health.wa.gov.au/docs/ACF235F.pdf

https://parents.au.reachout.com/common-concerns/everyda y-issues/self-esteem-and-teenagers

http://raisingchildren.net.au/articles/confidence\_teenagers.html

### Year 7 Updates

Every Thursday at lunch time Mrs Holmes and I are hosting a Year 7 Chill Out Zone. This will be a place where students can participate in board games, origami and other semi-structured activities to support peer connections and engagement. Students will be informed of this opportunity through the morning notices read in their PC class.

Anna Wallace
Guidance Counsellor

# Middle Leaders Report

# Where do the Next Generation of Space Engineers Come From?

Did you get to watch the launch of Elon Musk's Falcon Heavy Lift rocket last week? What was even more impressive was the beautiful landing of the two boosters which looked like something out of a 1950's Sci Fi movie... but it was for real!



I never cease to marvel at space flight and this goes back to the days as a kid watching Apollo 11 launch for the moon in 1969.

So how do we get our next crop of space engineers, the ones who will take us to Mars and beyond (sorry Buzz Lightyear)?

The first thing to do is to teach it I guess. The next thing to do is to inspire or at least share our passion for science and engineering endeavour.

At Our Lady's College, the Year 10 cohort study flying machines and our place in the universe. In Physics, we study ballistics and projectile motion. In *STEMCELL*, that's our Science club, we train interested students to fly drones. We also introduce interested students coding and robotics. Putting the two together makes for interesting possibilities and this year, we intend to purchase a programmable drone.

All the student needs to bring is an interest, a curious mind and a rocket load of questions!

To infinity and Beyond!

Graham Tilbury Science Middle Leader

# **Ad Altiora Place**

# **Library Lovers Day**



Last Wednesday was Library Lovers Day when libraries across Australia highlight our services, and let people know what we can do for them. We had many letters from appreciative girls who told us about what libraries mean to them. We have displayed them around our space. They will be up for a little while longer if parents wanted to stop in and see them.

# Visitors to the library

On Thursday the Year 10s listened to YA novelist, Jodi McAlister who spoke to them about her writing, giving them insight into her process. Thanks to Riverbend Books and publicist Alex Adsett for offering the students this opportunity.

On Wednesday February 28, the staff from Zombster will visit to allow us the chance to top up our manga collection. We invite any student who is a fan of this genre to let us know they want to be part of the selection group. Students can help add to the collection in the library, which is an empowering inclusive process.

## Year 8 Laptops

All year 8 students are to bring their laptops to the library on Tuesday March 6 before they go on camp for updating and reimaging. Students will be able to pick them up either Friday March 9 or before school Monday, March 12. Students should ensure their work is saved in their Onedrive first.

# College Newsletter and 2018 Calendar

Access our College Newsletter and 2018 College Calendar via the College website

http://www.ourladyscollege.qld.edu.au/

# **Important Dates and Deadlines**

24 Feb. Saturday	Rd 4 Tennis
27 Feb. Tuesday	College Board meeting – 6:00pm Boardroom
28 Feb. Wednesday	Rd 3 AFL, IC, JTF, SV
1 March – Thursday	Inter-School Swimming Carnival, Chandler.
5 March – Saturday	Rd 5 Tennis

4 March - Sunday	Rosies Outreach
7 March – Wednesday	Rd 4 AFL, IC, JTF, SV
7 – 9 March	Year 8 Camp,
8 March – Thursday	International Women's Day
10 March – Saturday	Rd 6 Tennis

# Absentees

**Please Phone:** 07 3426 8095 prior to 9.00 am daily

Email Link: www.ourladyscollege.qld.edu.au

Absentee Email: absenteeOLC@bne.catholic.edu.au

Or via the Parent Portal