



# OUR LADY'S COLLEGE

ANNERLEY

newsletter

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8 May 2020

## Principal's Message

Schools often talk about the importance of working with parents to support their daughter's growth to independence.

The current COVID-19 situation and school from home arrangements have reinforced this partnership.

Thank you to our parents for your many emails of support and encouragement to College staff. We, likewise, are so very grateful to you for supporting your daughter in her learning at this time.

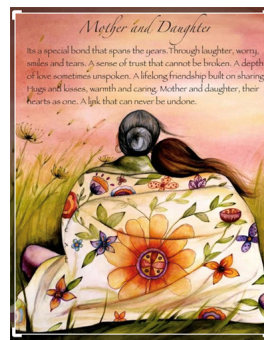
We look forward to our Year 11 and 12 students returning on May 11. We remain committed to supporting essential workers and vulnerable students with supervision, and we hope that the improved COVID-19 situation continues so that, pending the Premier's approval, we see all students return to us from May 25.

During this time of school from home, we have looked to maximise teaching time when students do return. The traditional 'Community Week' activities that are usually scheduled for the end of Term 2 have been rescheduled to later in the year. Teaching will occur to the final day of Semester 1 on June 26.

With the QCAA reviewed changes to Year 12 assessment, the College has considered ways to further support students' preparation for the External Exams. Last year, Mr Anthony Stevens and I visited secondary schools in Sydney to learn from their experiences with the HSC Test about how best to prepare students for external assessment. Much of their insights aligned with the preparation processes that Our Lady's College has engaged with for the QCS Test, but we were also grateful for some new ideas too. Following meetings with our teachers and Academic Leaders, we have fine-tuned structures and processes as outlined:

- Following the conclusion of Unit 4, there will be a period of in class revision activities.

- Prior to the close of Term 3, Year 12s will engage in Trial Exams that mirror the External Exams
- Term 4 class time will provide feedback and targeted teaching to students based on their performance on the Trials
- The week commencing October 19 will be a home-based revision week for students ahead of the External Exams beginning on October 26.



We wish all the mothers and carers in our community a Happy Mothers' Day for this Sunday.

Stay Safe.

Ad Altiora,

**Paula Goodwin**  
**Principal**

## Teaching and Learning

What an interesting time!

I write this article on my first day back in the office from leave. When I left for my leave, students were still in classes, shops open and people allowed to travel (including me!) and things were starting to cause concern around the world.

Upon my return, I've noticed the obvious changes (hand sanitisers and constant cleaning regimes), but the more subtle ones are possibly the most powerful. Teachers in the staff rooms are busy discussing the provisions provided for their classes and looking forward to the future with hope. People

are actively communicating but still very well-aware of social distancing and care for self and others. Good humour, positivity and productivity are obvious and very visible. Over the past few weeks of leave, in my shopping excursions for essential items, the look of terror on some people's faces as another shopper heads towards them (10 meters away) clearly indicates how some individuals are having a difficult time. So, for me, the most powerful and subtle change is the fact that life in the staff room does not reflect the life I've seen in the shopping centres. There is a calmness that denies the world situation.

Some students find learning new things every day an exciting proposition, while others weary easily and make slower progress. In these times, it may be useful to realise that many adults are tired of the constant change and challenge, constant queues, constant safety awareness etc and the simplest of things that we've come to expect, are just not so easy. As students adapt to online learning more, their self-efficacy becomes challenged: "Do I perform negative self-talk and give up? Or do I set the challenge to tackle this and seek the assistance I need?" Often, the challenge is not just asking for help, but identifying and clearly communicating what the help needs to look like.

Imagine a mountaineer sending a text and asking for help. "Help!" or "I can't make it!" comes from a place of frustration. "Help, I've tried to open the door. The deadlock is broken on the door at basecamp and I can't get out!" sends a clear message that they aren't giving up, but require specific help to take the next step. If your daughter requires specific help with their work, (and in these times, you have to expect this) then ensuring that they communicate clearly what steps they are up to, what they have attempted and, hopefully, where the blockage occurs will give them the skills to solve the current issue and any future ones they will encounter in life.

Every day brings unfolding information about the near future changes and restrictions. As we move towards a return of students to our college, it will be great to see the smiling faces of the students as they engage in learning.

Have a wonderful fortnight ahead

**Anthony Stevens**  
**Deputy Principal**  
**Teaching and Learning**

## Community Matters

### Safety

In the interests of safety, a timely reminder for parents, carers and students about travelling to school be dropped off and collected via Chester Road instead of Ferndale Street, as this is the access point for the primary school and the street is very congested. Students must use the crossing on Chester Road instead of crossing in front of the pick up zone driveway.

### Uniform

With the gradual return of students into the College, it is an expectation that students that attend school will do so in their full formal school uniform and wear their hair in an appropriate manner.

## National Consistent Collection of Data (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the *Disability Standards for Education 2005*, in line with the *NCCD guidelines* (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.
- This information assists schools to:
- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the Australian Government's Privacy Policy.

<https://www.education.gov.au/privacy-policy>

Further information about the NCCD can be found on the NCCD Portal.

<https://www.nccd.edu.au/>

If you have any questions about the NCCD, please contact the College.

**Tina Ellis**  
**Assistant Principal**  
**Student Wellbeing**

## In the Tradition



### Mary – Our Mother

It has been a long-standing Catholic tradition to honour Mary, our Mother, in May. While we cannot celebrate with a College Mass this month, we can remember the example of Mary, patroness of our College.

In our Student Prayer we recognise Mary's example of obedience and faithfulness, and place our community under her protection.

Mother Teresa offered this simple prayer to Mary in times of distress -

"Mary, Mother of Jesus, please be a mother to me now."

### Mother's Day

We wish each of our OLC mums an enjoyable Mothers' Day COVID style and pray this prayer with and for you...

*We give thanks for the gift of motherhood.*

*May our loving God, who gave birth to the universe,*

*pour out abundant grace and blessings upon our mothers  
so each of them is strengthened according to their need.*

*We also remember*

*those mothers and grandmothers who have died.*

*May they rest in the loving arms of our Mother God.*

*Amen*

**Linda Brandenburg**  
**Assistant Principal**  
**Faith and Mission**

**Kay Holmes**  
**Campus Minister**



## Guidance Counsellor

### Figuring out what's up with your teenager

COVID-19 has brought additional challenges and stressors to young people. Adjusting to home-schooling, being physically distant from friends and time away from sports and other

extracurricular activities has been tough. Now is as good a time as any to check in with your daughter and hear how she is travelling.

ReachOut have created a helpful poster for parents with strategies for checking in with young people by asking them to rate their mood with a number ("How are you on a scale of 1-10?"). Sometimes a number can give more information than asking "How are you?". For example, if they answer 7 or above, this is great! If they answer 4 or lower, this is an opportunity to find out what would need to be different to bring their mood up to a 7.

The infographic from ReachOut has more information about checking in.

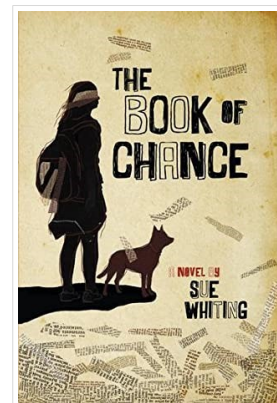
For career news and information, please access the Career Bulletin through the Parent Portal via 'forms and documents' under 'school information'.

Take care

**Anna Wallace**  
**Guidance Counsellor**

## Ad Altiora Place

### Latest Releases into the Library



#### *The January Stars by Kate Constable*

When twelve-year old Clancy and her fourteen-year-old sister, Tash, visit their Pa at his aged-care facility, they have no idea that the three of them will soon set out on an intrepid adventure.

Along the way there are many challenges for Tash and Clancy to overcome and, in the process, they discover their own resourcefulness and resilience and demonstrate their heartfelt love for their grandfather.

Highly recommended for Years 7 and 8 students who love family drama, mishaps and adventures, and little dash of magic!

#### *The Book of Chance by Sue Whiting*

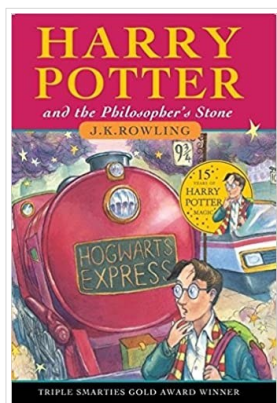
Chance is in Year 7 and thinks she has it all - a loving mother, dog Tiges, best friend and almost sister next door. However, when a reality TV team makes over her house, she discovers newspaper cuttings from the past that cause her to question the world as she knows it and everyone in it. Then she finds herself caught between two realities, identities and worlds.





Face-to-face with the truth, Chance has a very difficult decision to make, which almost splits her in two.

This powerful story explores what is true and what is fake in today's world.



### Daniel Radcliffe reads chapter one of *Harry Potter and the Philosopher's Stone*.

Are there any passionate wizards in your household? You might like to watch this. Apparently, there will be a range of celebrities, all taking on a chapter, including Dakota Fanning and David Beckham.

Keep on keeping on with online learning and reading. We'll be seeing you all soon.

**Mrs Buckley, Mrs Hayward and Mr Le**

## Middle Leaders Report

### The changed landscape of school sport in 2020

At this point in Term 2 our students and coaches would normally be gearing up to commence Trimester 2 CaSSSA sport – Junior Volleyball, Intermediate and Senior Netball, Football and Hockey on a Wednesday afternoon.

Our Cross Country runners would be training hard around the Yeronga Park hills in preparation for the unforgiving terrain at Limestone Park, and there would be various Composite District and Metropolitan East representative sport trials, and QC Cup Netball for our netball players to attend.

Alas, this term it is not to be. All is certainly not lost though. There are many fun and very effective alternate physical activities that can be done in and around the home, (and now at your local parks), whilst the COVID-19 restrictions are still in place. Here are just some of the many:

- Walking/Hiking
- Skipping (with a rope)
- Cycling
- Playing frisbee in the park
- Shooting Hoops
- Handball
- Kicking a football in the back yard or park
- Back yard cricket
- Fitness circuits in the back yard of park

It's a perfect time to try something new, or just really focus on quality and consistency with the daily exercise routine that you may already have in place.

For those of you who would like to try exercise online perhaps, PE with Joe might be a great addition to your day. 'Joe' provides an excellent overall body work out for around 30 minutes each day.

Meditation has been shown to help people stress less, focus more and even sleep better. In this extraordinary time it might be a wonderful opportunity for all of us to stop for a moment and learn some basic meditation skills to set us up for our days. Smiling Minds and Headspace are Apps that can provide this.

And for those of us who love to move to music, Just Dance is a fun and energetic way to get us moving to some of your favourite tunes. These can also be found on YouTube.

Of course, whenever you are participating in any form of sport or activity, please make sure that you warm up and cool down well. Stay active and stay healthy.

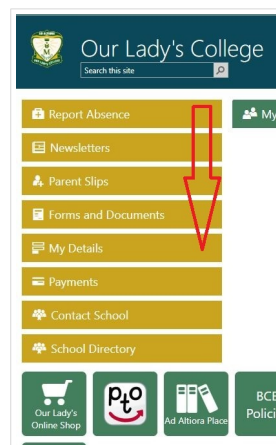
I would love to hear about how you and your family have been keeping active whilst in lockdown. Feel free to keep me informed by emailing [clandersen@bne.catholic.edu.au](mailto:clandersen@bne.catholic.edu.au)

**Cherie Andersen**  
**Acting Sports and HPE Leader**

## Parent Portal Facts

### Parent Portal Facts

Did you know that you can easily change any of your details, for example, phone numbers, emails or new address can be amended by simply clicking on the Yellow 'My Details' tile on the left-hand side of the Parent Portal landing page and following the prompts?



Have you downloaded the BCE Connect App to your mobile phone yet? By downloading this free App and logging in you will unlock all the features, including access to the Parent Portal.

If you need assistance with either setting up a BCE Connect Account or logging on to the Portal, please contact the College office.

## College Newsletter and 2020 Calendar

Access our College Newsletter and 2020 College Calendar via the College website

<http://www.ourladyscollege.qld.edu.au/>

## Important Dates and Deadlines

Our Lady's upcoming events/activities have been postponed due to COVID-19.

## Absentees

**Please Phone: 07 3426 8095 prior to 9.00 am daily**

**Email Link:** [www.ourladyscollege.qld.edu.au](http://www.ourladyscollege.qld.edu.au)

**Absentee Email:** [absenteeOLC@bne.catholic.edu.au](mailto:absenteeOLC@bne.catholic.edu.au)

**Or via the Parent Portal**