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# OUR LADY'S COLLEGE

## ANNERLEY newsletter

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#### 21 May 2021

## Principal's Message



We were blessed with beautiful weather as we celebrated the many talents and opportunities for students at Our Lady's College at our annual **Open Day** last Saturday. We had many visitors to our site who were glowing in their praise of our students (your daughters) for their confidence, manners and approachability. **Thank you** to the many **parents** who supported this important community event by serving at the barbecue or watching your daughter perform. Thank you to the Our Lady's **College staff and students** for setting up displays and welcoming our visitors. We are particularly grateful to **Ms Karen Chandler** (Assistant Principal Student Wellbeing) and **Mrs Angela Zaugg** (Enrolments and Marketing Officer) for the leadership in promoting and organising the day. Thank you to everyone involved for making this a special day.

This week, the **P & F** gathered for our monthly meeting with a new **Executive** in place. Congratulations to:

President - Mr Tim Geraghty Vice President - Mr James Fredric Treasurer - Mrs Pauline Martinac Secretary - Mrs Angelique Fredric

#### A Message from the President

As a P & F, we prioritise donation of funds to the College that benefit the community or a larger group of students (such as a year level).

At this week's meeting, there were many items discussed and support provided for:

- A schedule for air conditioning to be installed in buildings over the next few years;
- A pastoral program during Community Days for consent education for Years 11 and 12;
- The purchase of a microwave for use by Year 12s;
- Costumes to be purchased for use by our dance groups.

In order for the air conditioning program to be scheduled more quickly, we encourage families to consider making a voluntary payment to the building fund. This is tax deductable and could be timely at this stage of the financial year.

Further details will be provided via an email to families early next week.

On Wednesday this week, approximately 30 students participated in the QC Cup Netball Competition. Thank you to all of the students who represented the College for your good sportsmanship, comradery and positive approach. Thank you too, to Ms Joy Robenta (Health and Sport Leader) for the overall organisation in readiness for this occasion. Our students valued this opportunity.

Next week, we welcome two new staff to our community:

- Ms Maria Iskander is a teacher joining the Learning Enrichment Team;
- Ms Erin O'Riordan is joining the English and Arts teaching teams.

Shalom, Paula Goodwin Principal

## **Teaching and Learning**

#### Prep for 2022

Preparations are well under way for 2022 curriculum planning at Our Lady's College. We are currently gathering information to ensure that high quality curriculum delivery by teachers is supported by the best timing and calendar model possible. This process involves interviews with students, analysis of trend data from the QCAA and reflection of the pathways and success journeys that have been undertaken by past students in the College. As well, we are exploring new senior subject offerings that may be of interest to the students to maximise their opportunities.

#### NAPLAN

Over the last fortnight, NAPLAN tests have been conducted with students in Year 7 and Year 9. NAPLAN is one source of a suite of information about students that helps us to plan for the best learning outcomes for our students. Writing analysis tools, feedback from assessments and ACER online tests also provide a wealth of information that serves to triangulate our findings. My thanks go to Mrs Brims for her oversight of the NAPLAN tests and to her team for the preparation in the leadup to these important exams.

#### Assessments

At this point in time, the CONFIRMATION process for QCAA is happening for Year 12 IA1 summative assessments. This process involves samples of assessment items in every subject being uploaded to the QCAA website for checking. Confirmers from across the state of QLD are confirming the grades that have been submitted for Yr 12 IA1 tasks already completed from Term Four last year and Term One this year. Confirmers are looking at validity and consistency of marking and evidence that the students have stayed within the task conditions to ensure that, across the state, these assessments are equal in fairness and rigour. The results of this confirmation is slowing coming in to the College and will be available for students via their QCAA Portal login. Indications are that students will be able to see their confirmed grades on the QCAA PORTAL sometime in June. Confirmation of other results will occur early in October before the External Exams.

#### Reporting

End of Semester usually provides an opportunity to report on assessment results that have been cumulatively collected over the previous two terms. The focus for the semester reports in June will be to provide educational advice on the available information from terms One and Two. Reports for Years 11 and 12 will focus on the final results from their UNIT ONE and UNIT THREE (respectively) assessment results.

Enjoy the weeks ahead.

Anthony Stevens Deputy Principal

## **Community Matters**

#### Right and respectful relationships

As a part of weekly pastoral care lesson this semester, students across each cohort have been learning how to discuss and resolve issues that are impacting on their relationships. The purpose being to link the importance of positive and respectful relationships to one's emotional and social development.

Communication skills are an essential part of managing relationships. We aim to nurture healthy relationships and avoid unhealthy ones. By directly discussing issues such as gender stereotypes, inappropriate behaviour and discrimination, students explore a range of qualities and characteristics that promote and develop empathy, resilience and inclusivity. Our programs continue to respond to the needs of our students at particular times.

"When students identify and understand the qualities of healthy relationships, such as trust, personal safety, respect, honesty, acceptance and loyalty, they can confidently establish and maintain positive and respectful relationships." (ReachOut Australia).

Pastoral Care lesson and personal development programs in the Middle Years are underpinned and informed by the Australian Curriculum, in particular the General Capabilities -Personal and Social, Ethical Understanding and Intercultural Understanding. In the Senior Years, our programs link to 21st century skills, such as communication, collaboration, critical thinking and citizenship.

#### Wellbeing Week



This week as a college community, we acknowledge a week of wellbeing. The Student Representative Council (SRC) hosted a range of lunchtime activities and ventures focussing on domains of health. This initiative promoted and developed universal social and emotional strategies for health and wellbeing. Thank you to our SRC for your leadership of this initiative and to all students who took part in activities.



Karen Chandler Assistant Principal Student Wellbeing

## In the Tradition & Campus Minister

#### Mary MacKillop Awards

Congratulations to Natasha Brahne (Year12), Hayley Ballard (Year 11), Brianna Neale (Year 10), Niamh Cark (Year 9), Mia Woinarowski (Year 8) and Peyton Pule'anga (Year 7) who received Mary MacKillop Awards at the college assembly this week. The girls were commended for their generous service or their positive, respectful or diligent attitudes.



#### St Vincent de Paul Winter Appeal

At the College assembly this week the OLC Vinnies group launched the Winter Appeal to collect non-perishable food items for distribution to those in need by the Annerley St Vincent de Paul conference. The 'Wiggles', including the new green Wiggle, Vincent, encouraged students to bring to their PC classes canned foods, packaged pasta, rice, cereals, tea, coffee, drinking chocolate: any products with a long shelf life. Your generosity will help local people who are struggling this winter.



#### Mass – Our Lady Help of Christians

On 24 May the Church honours Mary under the title 'Help of Christians', the patron of our country. As our college is named for Our Lady, next Tuesday we will celebrate mass with Father Lam from Acacia Ridge parish. We seek the patronage, intercession and support of Mary to safeguard our college community.

#### In God's love, Linda Brandenburg

Acting Deputy Principal Faith & Mission

Kay Holmes Campus Minister

## **Guidance Counsellor**

With the focus at the College this week on the wellbeing of our students, I thought it was a great opportunity to remind parents of the importance of also looking after your own mental health and wellbeing.

Remember the last time you flew in a plane and you were told in the safety demonstration to put your own oxygen mask on before helping others with theirs? That analogy is an 'oldie but a goodie' and perfectly reflects the need for parents to look after their own mental wellbeing in order to be in the best position to support your daughter in theirs. As parents, you are your child's greatest teacher in modelling self-care practices that prioritise mental health. Me time is important!

The 5 Ways to Wellbeing introduces you to five simple and effective ways

to improve your psychological and emotional health. Everyone can try these 5! I talked about these on assembly this week to the students – take some time as a family to make a list of things you can do to boost your mental wellbeing.

- Connect strengthen and actively develop your social connections to the people around you, whether that be at school, home or work.
- 2. Be active keeping your mind and body active, and particularly connecting with nature, has a calming effect and makes us feel happy and healthy.
- Keep learning learn a new skill, try a new hobby, explore new surroundings. Finding your flow in fun activities can work as a great distraction and it's a great relaxation technique.

- Be aware this is where I plug mindfulness again! Always being present and mindful of your surroundings is proven to reduce anxiety and other mental health disorders.
- 5. Help others engage in charity, volunteer work or practice simple acts such as greeting a stranger or giving compliments.

For more information, please go to:

https://5waystowellbeing.org.au/

https://mentalwellbeing.initiatives.qld.gov.au/

https://raisingchildren.net.au/for-professionals/mental-health-resources/parent-mental-health-and-wellbeing

#### Jennifer Watson Acting Guidance Counsellor

## **Sports News**



On Tuesday 18th of May, Our Lady's College entered a Junior (Year 7 & 8), Intermediate (Year 9 & 10) and Open (Year 11 & 12) teams to the QC Cup Netball Tournament at the Metropolitan Districts Netball Association, Coorparoo. Our student competed against many other Queensland schools, and showed a spirit and sportsmanship that should be commended!

#### **Results:**

Junior Division B1 - 8th Place Intermediate Division B2 - 6th Place Open Division B2 - 7th Place

A great effort by all teams!

Joy Robenta HPE and Sport Middle Leader

## Lord Mayor Youth Advisory Council



My name is Grace. I am the Our Lady's College 2021 Lord Mayor Youth Advisory Council (LMYAC) representative. Each term I attend meetings held at City Hall, where I gather with other student representatives, all striving to make Brisbane a better place for everyone, including youths. I am enjoying being part of the program and the opportunities this role has given me to connect with other teenagers from different schools. Currently, we are focusing on public transport and how we can make it better for the Brisbane community, such as fees, safety, accessibility, and reliability. As the Our lady's representative, it gives me pride in taking your ideas forward to the Lord Mayor and the rest of the LMYAC. I encourage the Our lady's community to bring forward their ideas to me. I will ensure that Brisbane youths' voices are heard.

## **College Newsletter and 2021 Calendar**

Access our College Newsletter and 2021 College Calendar via the College website

http://www.ourladyscollege.qld.edu.au/

## **Important Dates**

28 May – Friday	CASSA Cross Country
4 June – Friday	Year 11/12 Legal Studies Excursion
8 June – Tuesday	College Assembly
24 June – Thursday	Year 11 Social Year 8 Reflection Day
25 June – Friday	Term 2 concludes

### Absentees

Please Phone: 07 3426 8095 prior to 9.00 am daily Email Link: www.ourladyscollege.qld.edu.au Absentee Email: absenteeOLC@bne.catholic.edu.au Or via the Parent Portal