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Print Newsletter

6 December 2019

### Our Lady's College Annerley


15 Chester Road  
Annerley QLD 4103

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Fax: 07 3848 8059

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## Tweets by @OLC4103



**Our Lady's College**  
@OLC4103

As the term comes to a close, our year 12 students celebrated their Senior Formal last night at Hillstone St Lucia. This is a significant event for the girls in their final year of high school and a wonderful night...

[instagram.com/p/BzP54RjFZ8p/...](https://www.instagram.com/p/BzP54RjFZ8p/)

Jun 28, 2019



**Our Lady's College**  
@OLC4103

Some of our Year 9 & 10 students took part in the Choose Maths Event at QUT today. This is an initiative of the Australian Mathematical Sciences Institute and is designed to give students an insight into the real...

[instagram.com/p/ByRewMLFFdF/...](https://www.instagram.com/p/ByRewMLFFdF/)

Jun 4, 2019

Embed

[View on Twitter](#)

## Date Claimers

23 January - Thursday	Uniform shop open 12.00noon - 5.00pm
28 January - Tuesday	Uniform shop open 10.30am - 2.30pm Student Laptop collection 10:00am; 3:00pm & 5:00pm
29 January - Wednesday	Normal shop hours begin today 7.45 - 9.00am Year 7; Year 12 begin today Induction Morning for new students into College 2020
30 January - Thursday	Extra Uniform Shop Trading Morning 7.45 - 9.00am Years 8, 9, 10 & 11

## Welcome to our final newsletter for 2019.

Mrs Paula Goodwin returns to the College as Principal for 2020 after nearly a year of Acting Senior Leader – Learning and Identity. As Acting Principal, I have truly valued the ongoing support of the College staff and parent community throughout this year. As well, I must sincerely thank Mrs Linda Brandenburg, Mrs Kate Brims and Mrs Tina Ellis for stepping into positions throughout the year to ensure that all of our programs and services remained at peak standard for all students.

The year has presented opportunities for our girls to be involved in many exciting learning experiences led by our highly professional staff. Congratulations to all our girls who have worked diligently and consistently across the year and thank you to our staff for the support that has been given to the girls' learning growth throughout the year.

It is an opportune time to particularly acknowledge and thank staff retiring or moving from Our Lady's College:

### Mrs Paula Black

- With a career spanning over 30 years in Brisbane Catholic Education, Mrs Black has taught in state and private schools and for the past 40 years, has been a highly valued teacher at Our Lady's College over the past 15 years.
- Mrs Black has been involved with introducing inspiring and challenging art techniques in her time at Our Lady's and has generously supported Arts tours and musicals with her unique talents.

Thank you, Mrs Black and we wish you well as you begin your travels and retirement.

### Mrs Leanne Penrose

- Mrs Penrose has worked in a variety of state and private colleges and has taught at Our Lady's College for the past 19 years. During her time, she has been the Academic Leader of English and Literacy and has been a driving force for academic excellence in the College and a good role model for other teachers.
- Mrs Penrose is passionate about literature and, in turn, has inspired many of our students over the years to develop their passion for literature and to have a wide and discerning palate appreciation.

We wish Mrs Penrose our very best wishes in her retirement.

### Mrs Kath Hampson

- Mrs Hampson commenced working at our college in May 2012 after being a Scientific Officer at the University of Queensland. Kath's knowledge of scientific process and procedures has been a wonderful resource for our science students and staff.

We wish Kath the very best as she joins her husband in their family business.

As well, **Mrs Melinda Erzetic**, who is currently on maternity leave, has accepted a position in another Brisbane Catholic Education school which is much closer to her home. Melinda has been a valued member of the College since 2012 and has taught English and Home Economics as well as being a wonderful Pastoral Leader. We are very excited for Melinda as she moves back into the work force with her young family.

I would also like to take this opportunity to farewell **Mrs Anna Lestani** and **Ms Marjan Dehghani** who have both worked as school officers for the 2019 school year. We send our best wishes to you both for 2020.

We also wish **Mr John Boumford** good wishes as he takes his long service leave for the first half of next year.

Our staffing is set for 2020 and I look forward to introducing new staff members to you at the beginning of next year.

School commences on **Thursday January 30 for students in Years 8 to 11. Year 7s and 12s return on Wednesday January 29.**

We take this opportunity to wish you and your families every joy of the Christmas season.

Enjoy your well-deserved family time,

**Anthony Stevens**  
**Acting Principal**

	students return today College Opening Assembly
8 February – Saturday	Tennis Round 1
11 February – Tuesday	College Opening Mass 11:15am – College Hall
12 February – Wednesday	SRC Friendship Day Year 11/12 Parent Afternoon Tea
13 February – Thursday	Spirit Day
14 February – Friday	Inter House Swimming Carnival – Yeronga Pool

## Teaching and Learning

### Reporting

Available electronically, via the Parent Portal, is a report detailing your daughter's achievements for Semester 2, 2019. The report contains results for each subject studied and a Pastoral Care comment. For students in Year 11 who have changed their study plan over the semester, the reports include only the subjects in which the student was enrolled and completed assessment for Unit 2 of the subject as per the new QCE system syllabuses.

Along with the recently graduated year 12's, we await news of their results, due from QCAA 14 December, and subsequently their career path of choice.

### COMPASS Program 2020

Congratulations to the following 2020 Year 11 student candidates who have been selected to participate in the next years COMPASS program.

Esther Abiya, Emily Dodd, Ardhra Joshy, Lillian Jones, Alice Kay, Mi Mi Le Nguyen, Ngan Nguyen, Jo-Ann Pham Nguyen, Keitha Pouhila, Mishka Sarswa,

Students who participate in the COMPASS program are teamed up with a highly qualified professional who acts as a coach, role model, encourager and guide. Over the course of the program, each student candidate will complete a multi-modal research project that showcases either a specific course of study, their professional partner's career or field of study, or the type of work that is conducted in the particular field/career. Watch this space for further details regarding this program and I look forward to working with these girls in 2020.

### Thank you and Merry Christmas

I would like to take this opportunity to thank the wonderful OLC that I have worked closely with this year especially those in the administration and student offices, the Curriculum Leaders and the other member of the College leadership team. It has been wonderful being part of a truly supportive and hardworking team. Wishing all in the OLC community a safe and blessed Christmas

**Kate Brims**  
*Acting Assistant Principal*  
*Teaching and Learning*

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## Community Matters

### Orientation Day

On Tuesday, we welcomed the Year 6 students to OLC for Orientation Day. The program consisted of a Performing Arts Showcase, a Robotics workshop, a Fashion Parade, some time was spent within Pastoral Care classes and the day was finished off with the singing of some Christmas Carols. Thank you to Anita Macknish (Pastoral Leader), Marie Ferguson (Performing Arts Middle Leader), Bob Stewart (Music Teacher), Marion Holland (Food Technology Middle Leader), Ryan Forster (Science Teacher) for your organisation and preparation of the various activities and workshops on the day.

Merry Christmas

**Tina Ellis**  
*Assistant Principal*  
*Student Wellbeing*

## In the Tradition

### A blessing for our community:

In the last few weeks students have explored the importance of Advent as a time of preparation for Christmas. The preparation is not about shopping, stockpiling goodies or decorating our houses. Rather it is a spiritual preparation



so that Christmas is a time of real celebration and a time of hope and joy. I hope that all OLC families experience the joy that is Christmas and are safe and well over the holidays.

This Christmas let hope warm your heart, love warm your family, and the Holy Spirit warm our community.

May the harmony of Christmas stay in your heart all year round and may the Lord send you his blessings.

May God bless you and let this Christmas season bring comfort and joy to you and your family.

We place ourselves under the protection of Mary, our Mother, Amen.

In God's love,

**Linda Brandenburg**  
**Acting Deputy Principal**  
**Faith and Mission**

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## Campus Minister

### ADVENT

Sunday 3 December marks the beginning of Advent, a season for preparing for the coming of Christ at Christmas. Compassionate and considerate people are often caught lending a thought to others in need at this time. The Benenson Society will soon distribute the year's fundraising, and the Saint Vincent de Paul Society girls collected many items for the society's Christmas hampers. Thank you to these groups who are instrumental in 'making happy' those who are doing it tough this Christmas.

The Years 10 and 11 students, the Years 7, 8 and 9 girls and the staff gathered as each group finished the school year to honour the approaching Christmas season and to pray for the Christmas blessings of peace and joy at this time.

### PRAYERS PLEASE...

*Oanh Tran's* fate is increasingly uncertain, and we pray for her, and her father, as they face a tentative future.

May you be blessed with Christmas joy and peace this season, be refreshed and renewed these holidays, and welcome the promise and hope of the New Year.

Blessings,

**Kay Holmes**  
**Campus Minister**

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## Guidance Counsellor

The Christmas holidays are a time to unwind, relax, and have fun. For many, the holiday season can be a stressful time. Below are some ideas to help manage expectations, and to savour and enjoy the holiday time.

**Enjoy the holidays mindfully.** "To savour" means to relish and delight in the moment. Pause these holidays and recognise the people and things that are meaningful to you. Think of three things each day that you are grateful for and document them in some way by writing them down or taking a photo. This simple activity can have long-term benefits to our wellbeing.

**Consider a digital detox or a tech free day.** When we have time to spare, we often revert to going online or scrolling through social media. A forced break from technology can help us to find new hobbies and activities to do.

**Plan activities.** Make lists of activities that you would like to do during the holidays. I have emailed all the students a list of activities.

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**Take time to relax and wind down.** The holidays are often full of activities with friends and family, but it is equally important to take some moments to yourself to relax after the year winds down.

I wish everyone a safe and relaxing holiday. See you next year!

### Wellbeing Resources

## Coping with the Stress of Christmas

**Click here to visit the Reach Out website**

<https://au.reachout.com/articles/coping-with-the-stress-of-christmas>

## Ways to Chill for Cheap

**Click here to view more information about Ways to Chill for Cheap**

<https://au.reachout.com/articles/ways-to-chill-for-cheap>

## Headspace

Headspace provides support, information and advice for young people aged 12-25 years. There are headspace centres in Woolloongabba and Inala. To make an appointment telephone or drop in to one of the centres. The Woolloongabba centre also has a Youth Only zone where you can chill out. Go to the link below for more information and to find the headspace closest to you. Headspace closes over Christmas, but young people can talk to someone through e-headspace.

**Click here to visit the Head Space website**

<http://www.headspace.com.au/>

## Kids Helpline

Kids Helpline are available 24 hours a day, 7 days to provide confidential, free and private online and telephone counselling. Kids helpline can be accessed by phone, or online: 1800 55 1800

**Click here to visit the Kids Help Line website**

<http://www.kidshelpline.com.au/teens/>

**Anna Wallace**  
**Guidance Counsellor**

# Middle Leaders Report

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## Assistive Technology and Adaptive Tools

There are often many reports in the media about the negative impacts of technology on our lives. From the overuse of smart phones, to the anxiety people experience having to sort through countless emails, it seems there is an endless list of those wanting to highlight the detrimental effects of modern technology. This trend of negative technology use overlooks the positive effects of technology in our lives. For example, assistive technology (AT) helps students learn in different ways so that their individual needs are met. AT enriches learning experiences so that students feel confident and independent. Examples of Assistive Technology and Adaptive Tools have been shared by [Understood](#):

### Audio Players and Recorders

May help your daughter to be able to listen to the words as she reads them on the page. Many e-books have audio files, and smartphones and tablet computers come with [text-to-speech software](#) that can read aloud anything on your child's screen. If she struggles with writing or taking notes, an audio recorder can capture what the teacher says in class, so your child can listen to it again at home.

### Timers

From wristwatches to hourglass timers, these inexpensive devices help children who have trouble with pacing. Timers can be used as visual aids to show how much time is left to complete an activity. If your child has difficulty [transitioning from task to task](#), timers can help her mentally prepare to make the switch.

### Reading Guides

Reading guides are good tools for students who have trouble with visual tracking or who need help staying focused on the page. The [plastic strip highlights one line of text while blocking out surrounding words that might be distracting](#). The strip is also easy to move down the page as your child reads.

### Seat Cushions

An inflatable seat cushion can help students with [sensory processing](#) and attention issues. The cushion can provide enough movement and stimulation to help a child maximise her focus without having to get up and walk around.

## Writing Supports

If your daughter has trouble with writing, try using plastic pencil grips or a computer. Basic word processing programs come with features that can help with spelling and grammar issues. For students whose thoughts race ahead of their ability to write them down, different kinds of software can help. With word prediction software, your child types the first few letters and then the software gives word choices that begin with that letter. Speech recognition software allows your child to speak and have the text appear on the screen. These kinds of software are [built-in features on many smartphones and tablet computers](#).

## Graphic Organisers

[Graphic organizers](#) can be low-tech. There are many different designs you can print out that can help your child organise her thoughts for a writing assignment. There are also more sophisticated tools such as organising programs that can help her map out her thoughts.

There are a variety of options available to students to enrich their learning. If a device or software can make it easier for your child to access and participate in learning, why not try them out over the holidays?

**Michelle Prado**  
**Learning Enrichment**

## Student Booklist 2020

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Booklists are now available on the College Website. Go to Latest News/ Book and Stationery Lists for 2020

Booklists can be ordered and paid for online

**Click here to order online**  
<https://www.sequelbooks.com/>

## Fees and Levies

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**Click here to download the 2020 College Fees and Levies Information**  
*96 KB - PDF*

## College Newsletter and 2020 Calendar

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Access our College Newsletter and 2020 College Calendar via the College website

**Click here to visit the Our Lady's College website**  
<http://www.ourladycollege.qld.edu.au/>

## Important Dates and Deadlines

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## Absentees

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**Please Phone: 07 3426 8095 prior to 9.00 am daily**

**Email Link: In the link below**

**Absentee Email: [absenteeOLC@bne.catholic.edu.au](mailto:absenteeOLC@bne.catholic.edu.au)**

**Or via the Parent Portal**

**Click here to visit the Our Lady's College website**

*<http://www.ourladycollege.qld.edu.au/>*

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